



TOWARDS WHOLENESS : *From Fear to Love*

Tuesday 7th May 2024 10am – 2:30pm

Bethany Centre, Mary Mackillop Precinct, 4 High St Kensington, SA 5068

A day of reflection on Ignatian Spirituality and Jungian Psychology

Jungian psychology helps us understand why St Ignatius exhorts us to practise the Examen and Imaginative Contemplation, which are powerful ways to engage with our 'shadow'. Through facing and integrating our shadow, we discover our deeper, true self and God. God's love casts out fear and moves us to love others as God loves us.

Facilitated by **Dr Susie Hii**, a Medical Practitioner (Gerontologist) and an Ignatian Spiritual Director with a Master of Spirituality. Susie's book will also be available to purchase /order (\$10 cost price)

To register please contact Petrel *via* email clcsa.exco@gmail.com before 2nd May 2024
(or for further information about the day please contact Susie: susiehii.hc@gmail.com)

Cost is by donation (\$25 suggested to cover the cost of the venue, materials, tea/coffee).
Please BYO lunch and snacks (or pre-order from High St café in the Mary Mackillop Precinct).

